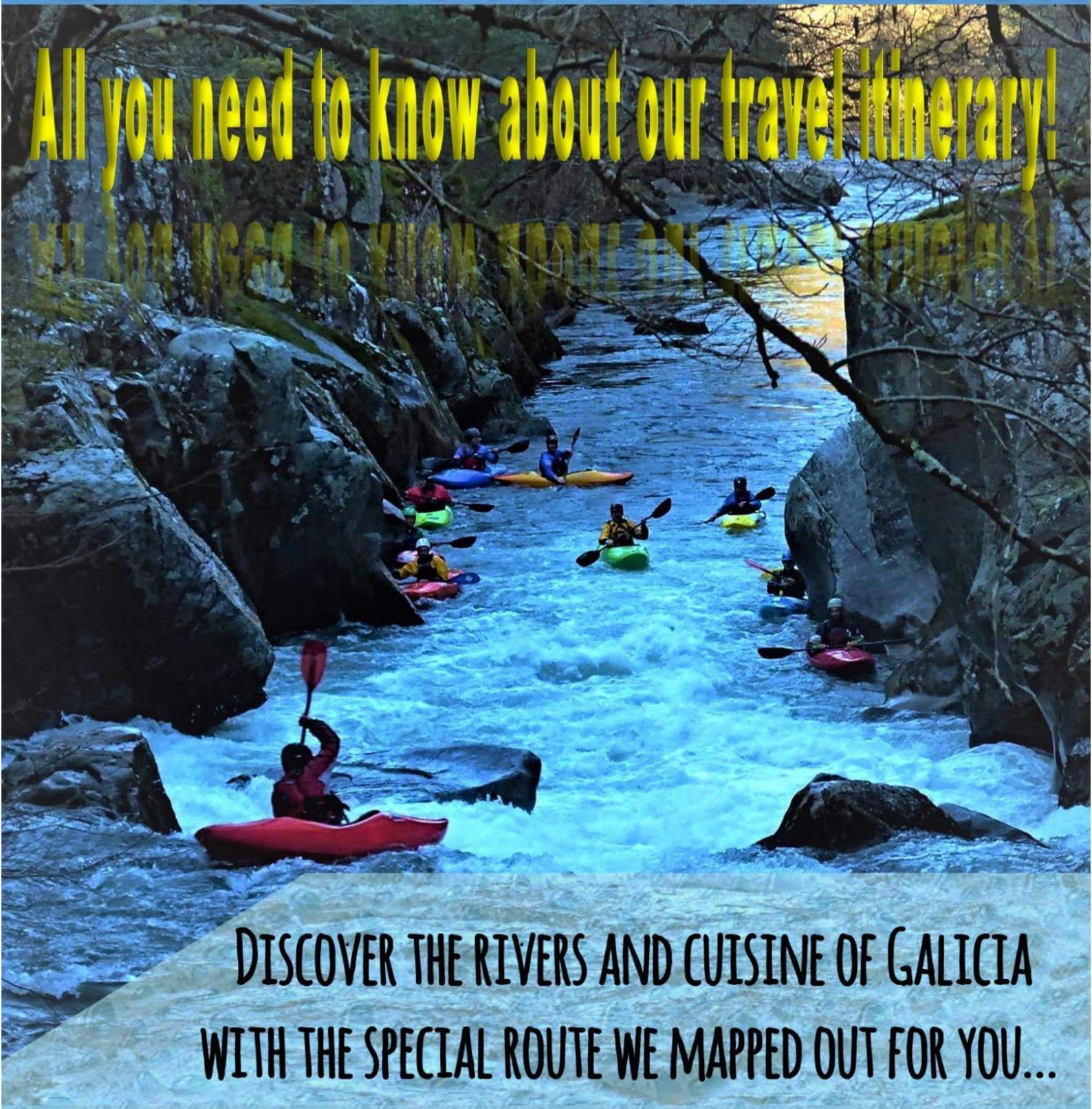


GALICIA KAYAK TOUR by



All you need to know about our travel itinerary!



DISCOVER THE RIVERS AND CUISINE OF GALICIA
WITH THE SPECIAL ROUTE WE MAPPED OUT FOR YOU...

...YOU JUST HAVE TO FLY HERE, WE WILL TAKE CARE OF ALL THE LOGISTIC.

Tlf: +34 622 40 20 57 Email: raftingesera@gmail.com



GALICIA KAYAK TOURS

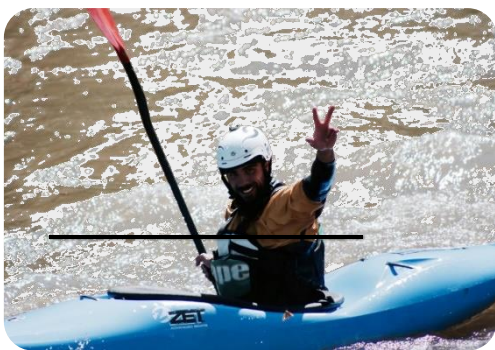
Escuela de Kayak Rafting Esera

José Grau and Alfredo Burcio are the founders of this lovely and passionate kayak-expedition company through Galicia, Spain.

During winter time Galicia is the best wild water European destination counting more than 50 rivers suitable for all kayaker levels, gorgeous natural-surroundings and an endless range of cultural and gastronomic offers.

Known by its professional skills and charm, "Escuela de Kayak y Rafting Ésera" wants to give its paddlers all the benefits and comforts that will assure a fully relaxed trip.

We are looking forward to paddle with all of you guys!



Alfredo Burcio (Fredy)



José Grau (Espartano)

All the expeditions that we organize last 7 days and include:

- Guided trip in every river descent performed by José Grau and Alfredo Burcio.
- Pick up and drop off at Santiago airport. This is the best point in Galicia to move around depending on the different river water levels.
- Full logistic-trip with a professional driver (who also performs an important task as an outside-river safety-support).
- A wide range of the latest kayaks from which it is possible to choose according to the paddler's weight and desires.
- Mid-range fiberglass 30° degrees paddles (1.94, 1.97, 1.98 and 2.00 m.).
- Compulsory civil liability and accidents insurance.
- Accommodation in every trip-spot.
- Breakfast, lunch and dinner, enjoying the traditional "cocina gallega" (octopus, churrasco, "cocido").

The expeditions that we organize do not include:

- Personal river-gear (helmet, floating-devise, safety rope, shoes, dry suits, spray skirt, etc.).
- Additional snacks or drinks that are not already fixed in the trip.

All our expedition offers are given as guidance and they are bound to the weather-conditions and river water-flows. We always start from the easiest levels to the hardest ones and take into account every safety aspect in the river, making sure that our descents are safe and fun for everyone.



Cañon del río Sil

All the information about our trip!

We try to get groups of at most 6 paddlers with a similar experience level so that we all can vibe on the same melody.

The river choices we make will depend always on the weather conditions and river water levels, therefore there will be no fixed destination during the whole trip. Anyways, there is a bunch of rivers (which we'll be now described) that mostly guarantee a good water level for kayak descents during the whole winter.

All logistics (including possible improvisations) aim on the one hand to enjoy the best rivers which weather conditions allow, and on the other hand (taking into account the proximity of accommodation and restaurants) to fully enjoy the rich and delicious Galician gastronomy.

We pick you up at the appointed airport and drive to the first river spot which will be determined once we have met. We get settled in our accommodation place where we have our first briefing (introductions, kayaks, paddles, ...).

We'll taste a traditional "empanada gallega" after which we'll go for a short descent on the river (3 km approx.) so we can grasp a feeling as kayakers. We'll create a "descent code" (which kayaker goes first, who goes second, who stays at the end, etc.) and a "sign code" so we all speak the same language on the river.

We´ll also practice some kayak and safety skills (rope-throw, swimming, etc.).

Afterwards, we get back to the lodge and enjoy a dinner with the best Galician wines.

We´ll finish the day with our feed-back (how to improve our kayak skills, things we should focus on, etc.) and we´ll take a decision about which is going to be our next river



Typical Empanada Gallega



Typical wine in a Cuenco Galaico

Meet the Galician rivers and
gastronomy with this awesome program
we have planned!

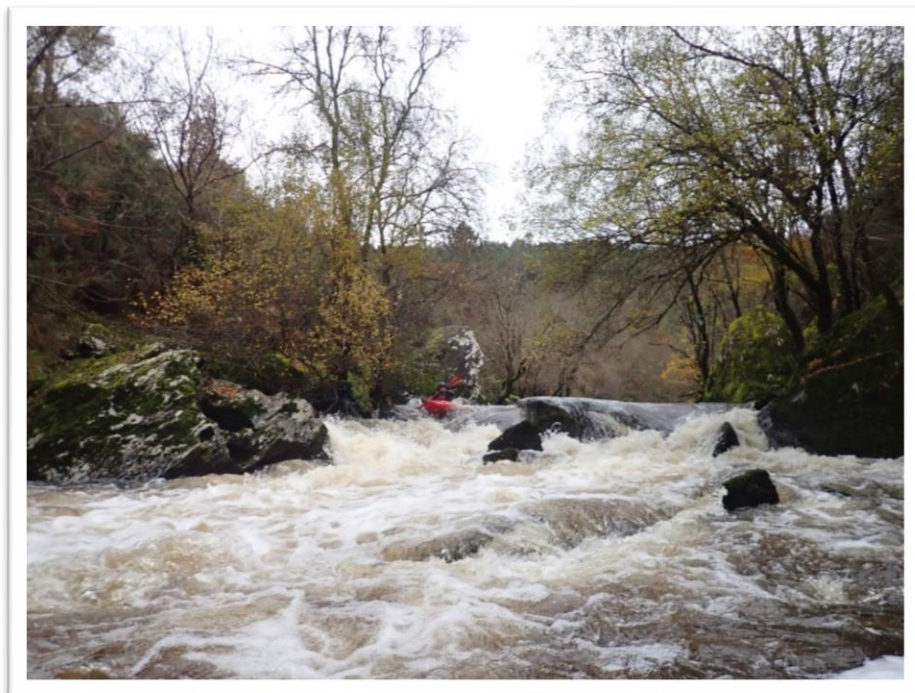


Arnego river classic

With its class III/IV rapids during a 15 km long descent through beautiful forests, Arnego is one of the "must do" classic rivers of Galicia.

After around 4 hours of kayaking we'll end up in a well-known Restaurant, that every kayaker that comes to enjoy this special river.

Next, we get back to the lodge and take some free-time to relax.



Río Arnego (Tramo Clásico)

Kayaker: Angel Quintela

Foto: Antonio Otero

Deza River (Las Canteras/Mystic Canyon)

This is the most mystic and completed river of Galicia. There are different sections with all kind of rapids levels. We´ll decide the section we are going to run taking account of the water level and/or the paddlers´ experience. We´ll be running class III/IV rapids always with the same river philosophy that we love to follow: Calm, Happiness, good Energy and a strong Safety.

After about 4 hours of descent, with our hearts full of happiness, we´ll "delight our palates" in the traditional and loving river Deza restaurant (or "refuxio")

We´ll head back to the lodge and get some time to rest, go for a walk, smile, enjoy.

Whilst we enjoy a big Galician dinner with the best wines of our country, we'll discuss some kayak feedback and plan our next day.



Río Deza (Mítico Cañón)

Kayaker: Alfredo Burcio

Foto: Antonio Otero

Lor River (Sierra do Courel)

Lor river is for sure one of the most beautiful rivers we have ever run, it passes through the mountain chain Sierra del Caurel. It is a deep canyon which makes you feel like you're on a different planet. During a ~15 km long descent, we will encounter class III/IV rapids with a wonderful, unique view. At the put-out of the river we'll eat "emapanda gallega". There are no restaurants around.

The logistic of this river is a bit longer than the others, so once we get home we quickly put our gear to dry before we enjoy meal.

We'll finish the day as usual, with a traditional dinner and lovely

chats, surrounded by people we start to see as family. We'll again have our feed-back moment of the day and the plan for the next trip.



Río Lor (Sierra del Caurel)

Kayaker: Miguel Pita

Foto: Antonio Otero

Cabe River

Cabe is one of the mystic and powerful rivers in Galicia Centro region. It's an excellent combination of creek and volume and counts with a great number of easy going class III/IV rapid as well as more extreme and risky lines. The view of this river is just amazing. This descents takes around 4 hours and requires good warm-clothes because the temperature of the canyon is lower than the others. This is going to be an awesome day!

We'll visit Moforte de Lemos (Ourense) where we'll eat and learn about its history.

We'll come back to the lodge to put our stuff to dry and then we'll go for dinner in one of the traditional restaurants of the area.



The day will finish with our feed-back and the next day planning.

Río Cabe

Kayaker: Rober el Frutero

Foto: Antonio Otero

Arnoia River

Every time we run this river we feel our soul plenty and we assure you guys you will feel the same way once you've met it! It is like you were paddling in Colombia, in the middle of the jungle. We are going to paddle around 10 km with class III/IV rapids. This is the ideal river to put the perfect end to our great trip through the "Land of the 1.000 rivers".

We'll get a tasteful meal as usual in this lovely land after which we'll go for a hot spring and "tapas" evening in Ourense.



Río Arnoia

Kayaker: Guille Díaz, Javi Lugo Y: Antonio Otero

Foto: Miguel Pita



Termas de Ourense where we will enjoy our 6th day of an incredible Expedition ...

Day 7: Farewell...

Plentiful breakfast, packing and drop off at the airport.

Hugs full of happiness and admiration.

Other possible rivers that we can enjoy if conditions allow us:

- | | |
|---------------|---------------|
| - Río Tea | - Río Sor |
| - Río Soldón | - Río Landro |
| - Río Cabrera | - Río Louzara |
| - Río Selmo | - Río Miño |
| - Río Oitaben | - Río Burbia |
| - Río Verdugo | - Río Ulla |